



**2018-19 Tashi Kyil Tour at Losel Shedrup Ling**  
**Lotus Light Center: 501 Arthur St., Knoxville, TN 37921**  
**November 30 – Dec 3**

**Friday, November 30**

**4:00 - Monks Arrive**

**Saturday, December 1**

**9:00 Ceremony to Greet His Holiness the Dalai Lama with Mandala Offering  
Interactive workshop on the proper way to set up a Buddhist Altar**

**10:00 Meditation Instruction with chanting of mantra Om Mani Padme Hum  
Chenrezig Sadhana (Blessing)**

**12:00. Lunch**

**1:00 – 3 pm: Art Workshop with Panda Dance  
including Tibetan Script Workshop  
Monks demonstrate how  
to write Tashi Deleg in Tibetan**

**4:00 – 6 pm: Cooking Class (monks and class members cook momo's for the dinner**

**6:00 – 7 pm Prepare other food for dinner**

**7:00 – 8:30 Tashi Sholpa Welcoming Dance  
Dinner (includes members of the cooking class)**

**Sunday, December 2**

**10:00 21 Tara Recitation (Blessing)  
Black Hat Dance**

**11:00 Debate Demonstration**

**12:00 Lunch**

**1:00 Art Workshop with Panda Dance  
including Tibetan Script Workshop**

**5:00 Dinner**

**6:00 Slide Shows:  
Tashi Kyil Monasterry  
Course in Happiness**