



2018-19 Tashi Kyil Tour at Losel Shedrup Ling
Lotus Light Center: 501 Arthur St., Knoxville, TN 37921
November 30 – Dec 3

Friday, November 30

4:00 - Monks Arrive

Saturday, December 1

**9:00 Ceremony to Greet His Holiness the Dalai Lama with Mandala Offering
Interactive workshop on the proper way to set up a Buddhist Altar**

**10:00 Meditation Instruction with chanting of mantra Om Mani Padme Hum
Chenrezig Sadhana (Blessing)**

12:00. Lunch

1:00 – 3 pm: Art Workshop with Panda Dance

4:00 – 6 pm: Cooking Class (monks and class members cook momo's for the dinner

6:00 – 7 pm Prepare other food for dinner

**7:00 – 8:30 Tashi Sholpa Welcoming Dance
Dinner (includes members of the cooking class)**

Sunday, December 2

**10:00 21 Tara Recitation (Blessing)
Black Hat Dance**

11:00 Debate Demonstration

12:00 Lunch

**2:00 Tibetan Script Workshop
Monks write Tibetan script on whiteboard & demonstrate how
To write Tashi Deleg in Tibetan**

**3:00 Slide Shows:
Tashi Kyil Monasterry
Course in Happiness**

**7:00 pm Slide Show: Tibetan Perspective on Death & Dying
Chod Meditation with Chanting
Skeleton Dance**